

# Perth City

## Community Volunteer Support

### Are you Self Isolating and need some help?

*Various community groups have set up across Perth City with lots of volunteers ready and willing to help you with:*

- \* *Shopping—shop and drop service to your door*
- \* *Community Fridge/Take and Leave Food Boxes*
- \* *Prescription Collections—from pharmacies in Perth*
- \* *Phone Calls—friendly chats to keep you company*



#### **Perth City — North**

*(Letham, Tulloch, Fairfield, Muirton  
& North Muirton)*

**Tel: 01738 444061**

**Email: [northperthcv19help@gmail.com](mailto:northperthcv19help@gmail.com)**

*Volunteers Organised by the North Perth Covid19  
Group—Letham4All / TullochNet / North Muirton  
Community Council / Riverside Church*

#### **Perth City — Centre**

*(City Centre)*

**Tel: 01738 444061**

**Email: [northperthcv19help@gmail.com](mailto:northperthcv19help@gmail.com)**

*Volunteers Organised by The Perth North Church  
Calls will be to the Letham Hub and co-ordinated  
to the Perth North Church volunteers*

#### **Perth City — South**

*(Craigie, Friarton, Moncrieffe, Cherrybank)*

**Tel: 01738 639792**

**Email: [office@pwamm.com](mailto:office@pwamm.com)**

*Volunteers Organised by the National Christian  
Outreach Centre (The Mustard Seed)*

#### **Perth City — East**

*(Bridgend, Kinnoull & Gannochy)*

**Tel: 07521 654105**

*Volunteers Organised by the Loving Your Neighbour  
Group—Kinnoull Parish Church, St Marys  
Monastery, Bridgend, Gannochy & Kinnoull  
Community Council*

#### **Perth City — West**

*(Western Edge area / Oakbank)*

**Tel: 07394 177185**

**Email: [care@perthbaptistchurch.org.uk](mailto:care@perthbaptistchurch.org.uk)**

*Volunteers Organised by the Perth Baptist Church*

If you don't see your area mentioned, please call the nearest group as all the groups are working together to cover all areas of Perth. If you need additional support you can contact Perth and Kinross Council on [communitysupport@pkc.gov.uk](mailto:communitysupport@pkc.gov.uk) or visit the website [www.pkc.gov.uk/coronavirus/communitysupport](http://www.pkc.gov.uk/coronavirus/communitysupport)

**Supporting People in Perth Together**